

# HOLLYWOOD NEW SU

The image-obsessed A



BEFORE

AFTER

## Stringing themselves up!

NOT surprisingly, Momager Kris Jenner is the poster girl for Puppet Facelifts. The procedure uses needles to pull pieces of string through the skin and cheek muscles to lift and secure the face. But Dr. Lyle Back, a plastic surgeon based in Philadelphia, said he's sew-sew about the procedure. "The sutures can be seen and felt - forever," he explained. "I have removed many of these threads from unhappy patients."



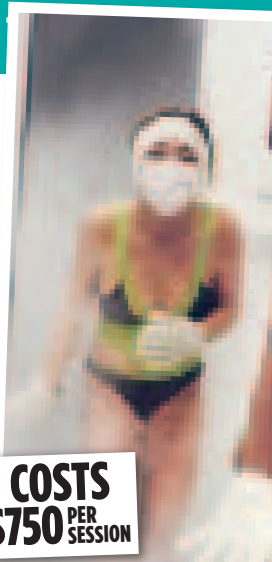
**COSTS**  
**\$2,500**



## Deep-freezing themselves!

STARS claim this is the coolest way to fight aging - if you can take it! Subjects stand in a deep-freeze chamber, where the temp is a frosty 238 degrees below zero, and get blasted by nitrogen gas. The polar process is said to stimulate collagen production, boost metabolism, reduce wrinkles and melt fat at a whopping 800 calories a session! "I'm obsessed," raved Mandy Moore, 31.

**COSTS**  
**\$750 PER SESSION**

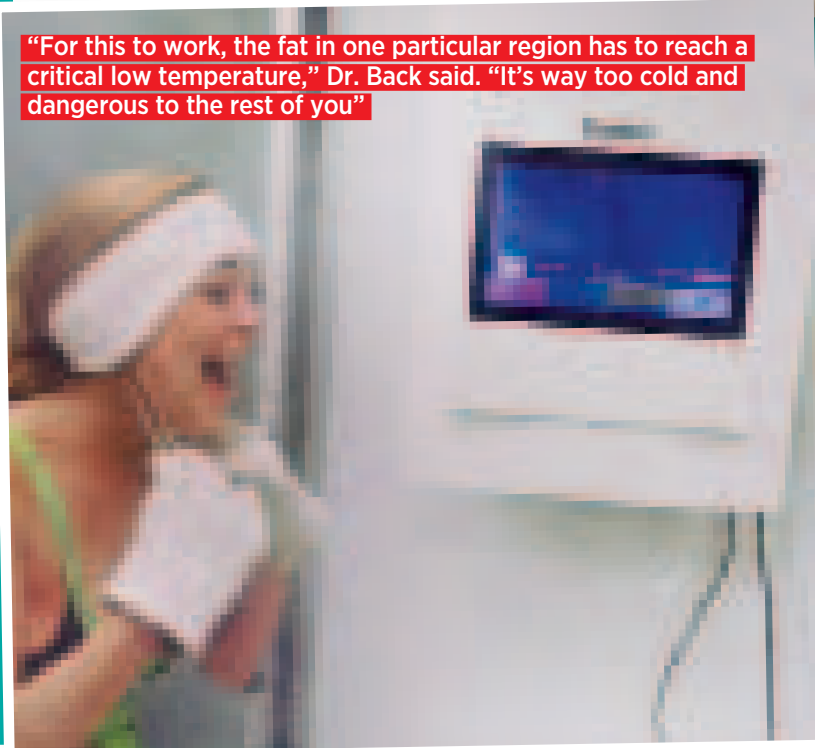


"For this to work, the fat in one particular region has to reach a critical low temperature," Dr. Back said. "It's way too cold and dangerous to the rest of you"

## Sawing their bones!

SEEMS it's not enough for models and actresses to be toothpick skinny, now they're lobbying for plastic surgeons to come up with a new procedure to shave down their pesky pelvic bones in pursuit of the perfect pixie look. Sheesh!

**COSTS**  
**\$12,000**



# D'S MOST EXTREME SURGERY TRENDS

-listers who will do **ANYTHING** to look good!

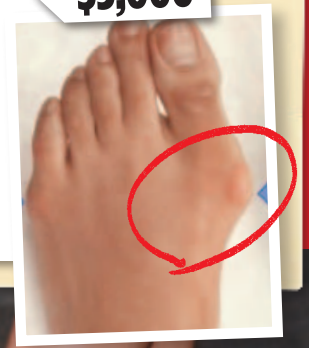


## Beating their feet!

WHEN you're tip-toeing the red carpet, you need terrific tootsies! "Cinderella Surgery" is a surgical procedure that alters the size and shape of feet with the sole purpose of fitting into designer shoes - the kind that sent Victoria Beckham, 41, running for a bunionectomy! Although her procedure removed a dangerous bone growth, most Cinderellas - which include lengthening or shortening toes - are just silly. "Would you have your feet rebuilt if it meant meeting your Prince Charming?" asked plastic surgeon Otto Placik.



**COSTS \$5,000**



**BEFORE**

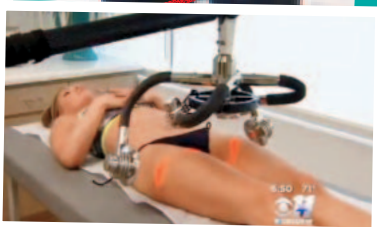
**AFTER**

# HOLLYWOOD'S MOST EXTREME NEW SURGERY TRENDS

## Melting their legs!

ZAP me a gap! Those are the words from stars whose thighs are too close. Khloé Kardashian, 31, described laser treatment as the “greatest!” Celebs who want to get a leg up on thunder thighs go to the doc’s office and feel the burn. “This sounds scary, but it’s actually a completely simple, easy office procedure – and it really, really works!” said Dr. Back. “This dream-come-true special cold laser technology works to melt your body fat with about as much discomfort as a flashlight.”

• COSTS  
**\$2,500**



• COSTS  
**\$6,000**

## Breeding calf cattle!

YOU can hit the StairMaster, climb to the top of Mount Everest or even make like Arnold and pump iron, but sometimes it just doesn't build mass. “Unless your genetics have provided you with full calves, your muscles simply won't



**BEFORE**

**AFTER**

respond to exercise and calf implants are the only option,” said Dr. Back. Calf implants are solid silicon sacks [yes, like breast implants] placed in the lower leg through an incision in the back of the knee. Jessica Simpson, 35, is rumored to be sporting a pair of phony calf enhancers in her gorgeous gams – and milks the attention whenever she can!

## Downing disgusting stuff!

THIS diet is too hard to swallow! Tyra Banks, 41, introduced the Tapeworm Diet to the U.S. back in 2009, and most gals were too grossed out to try it. After ingested, the slithering pals munch your stomach contents, putting the lives of die-hard “Tapers” at risk. “These vile parasites are difficult to eradicate, while the host – you – dangerously weakens,” cautioned Dr. Back. Better stick to celery.

• COSTS  
**\$16 PER BUCKET**



## Full of crap!



• COSTS  
**\$0**

**BEFORE** you poo-poo trendy excrement injections, read on: According to the New York Times, scientists published the results of a study that found the bacteria living inside the digestive systems of thin people may hold the key to weight loss by injecting it into the intestines of fatties! Sounds simple, but don't rush off to round up a big-boned neighbor and a syringe. “This remains on the fringes of medicine, and good case-controlled studies on humans have not been performed yet,” warned Dr. Placik. *NE*